



San Leandro Sports Foundation

Citywide Track and Field Festival

2017 Rules

1. The entry fee is \$5/participant or \$10 for multiple siblings. Each School is responsible for collecting the fee and keeps the fee to help fund health and fitness activities. Money collected at the event will go to SLSF.
2. San Leandro City Schools boys and girls grades 3-8 only.
3. Students **MUST** have completed **Participation Form** to participate.
4. There is a limit of 50 participants per School for all grade levels.
5. School appointed Coaches will be responsible collecting the **Participation/sign-up form** for each of their participating students and have it with them at the event.
6. Participant running and field event limits - a limit of three (3) events per athlete, example: 2 running and 1 field event, or 2 field events and 1 running.
7. School entry limits for relays race – a limit to three (3) teams per school per grade level.
8. The **50 and 100 Races** will be recorded according to grade/gender.
9. **All RELAYS** may be mixed gender or not, but team members must be all the same grade level. However, you may move a student/athlete up one grade.
10. The top eight runners in the 50 and 100 meters trials will advance to the finals. If there are 8 or less runners in the race it will be considered the finals. **All relays are finals.**
11. **Field Events** are all finals – 1 Practice and 2 “For Reals” on throws and jumps.
12. Awards will be given to the top 5 finishers in event.
13. NO track spikes or cleats allowed on the field.
14. NO starting blocks allowed. Runners are allowed a standing start, a three point start, or a four point start.
15. The first false start is on the field. The next runner who false starts is disqualified.
16. Uniforms are ok.
17. The meet will be run on time.

Contact Info:

Martin Capron
San Leandro Sports Foundation
151 Callan Ave., Suite 200 San Leandro, CA 94577
ph: 510-895-1918 email: info@slsfi.org