



2017 SCHEDULE OF EVENTS

City Wide Youth Track and Field Meet

Running Events (in meters and in order)

Warm-up Start at 3:00 PM

Running events start exactly at 4:00 PM

3:30 – Opening Ceremony

4:00 - 50m – Trials All Grades, Boys and Girls

4:30 –Finals All Grades, Boys and Girls

○ **Optional K-2 50m dash**

4:45 - 100m – Trails All Grades, Boys and Girls

5:15 – Finals All Grades, Boys and Girls

5:30 - 4 X 200 – All Grades Coed. Limited to 3 teams per school/grade level. All Finals

6:00 - Sprint Medley (200,300,100,400) – Grade 6,7&8 Coed. Limited to 3 teams per school/grade level. All Finals

6:30 - 4 X 100m – All Grades Coed. Limited to 3 teams per school/grade level. All Finals

Field Events

Field Events (concurrent with running events)

All Field event start at exactly at 4:00 PM

Obstacle course (run, jump, throw and crawl, dash) – Grades 3, 4, 5 All Finals

Fitness Test – Grades 3, 4, 5 (sit ups, push-ups and medicine ball toss)

Softball Throw – Grades 3,4,5,6 and (7&8 Boys and Girls). All Finals

Long Jump – Grades 3,4,5,6 and (7&8 Boys and Girls). All Finals

High Jump – Grade 6, 7&8 Boys and Girls. All Finals